

UHESA Meeting #22
Dixie State College
November 17, 2006
10:00 a.m. – 2:00 p.m.

WELCOME and BUSINESS ITEMS.....Laurie Sullivan

Meeting called to order at 10:06 am.

College of Eastern Utah: Hank Savage
Dixie State College: Laurie Sullivan, Shannon Broad, Jared Johnson, Mary Stubbs, Dave Mortenson, Frank Lojko, Darwin Gifford, and Kathy Kinney
Salt Lake Community College: Butch Steffen Diana Harvey and Steven Lewis
Snow College: Mike Jorgensen, Jim Kittelsrud and Carol Jacobsen
Southern Utah University: Barbara Rodriguez, Jeb Branin and Casey Bowns
University of Utah: no one in attendance
Utah State University: Jill Ballard
Utah Valley State College: Louise Bridge and Clint Moser
Weber State University: Jennifer Evans

- Approval of Minutes from October 11, 2006 meeting
Jennifer made a motion to accept minutes, Casey seconded. Vote was unanimous.

SpeakerKathy Kinney

“Laugh for Health Sake.”

Surveys say that 85% of us have stress at work. Stress causes illnesses. Laughing has a positive effect on our health. Their own body can help 85% of illness. Studies show pain perception decreases after the initiation of humor (laughter).

Laughter:

Aid Breathing
Increase Circulation
Lower Blood Pressure

Babies learn to laugh before they develop a sense of humor.

You need to put together things that make you laugh and the use them when you are stressed.

Laughing is internal jogging. Laughter involves every major system in the body.

“If you laugh at it, you can survive it.” Bill Cosby

UHESA LEGISLATIVE COMMITTEE.....Butch Steffen

Discussed the UHESA Letter and how we need to get it out to our President’s and our Constituents. So that they are aware of what our issues are and what we will be lobbying for on UHESA Day.

The Board of Regents priority have never really stated what the percentage for salary increase should be it has always been up in the air. This year they actually specified a 3.3%. This could be a cause and effect of the letters that we have sent out requesting a 4%. It was clarified that the 3% was for salaries and the benefits would be covered Separately. Some think that we are benefit rich. Butch doesn't ever remember them actually specifying Retirement increases which has been thrown into there also. We discussed increasing the percentage but after much discussion we decided to leave it at 4%. Regents are recommending 3% + 1% Equity. Everyone will get the 3% but the equity is a separate issue and will be dealt with separately. It was mentioned that Social Security will increase 3.5% in January. The Governor's budget will be coming out soon. We are thrown in with all state employees.

November 29th SLCC will be having a Day of Training on "How to talk to your Legislators".

SUU had a debate with all the candidates in their areas. Staffs, Faculty and Students were involved and it was very successful.

We need to encourage our Presidents of each staff association to get in touch with there legislators and invite them to campus. We need to get UHESA's name out there and let them know who we are and what our issues are.

UHESA Card – UHESA Day:

4% + 1% equity, compensate benefits, spending – capitol expenditures

Butch will check on date for UHESA Day, Tuesday, February 6th.

We need to concentrate on salary, benefits & the Budget Surplus on UHESA day.

Higher Education staff needs to stay together when we go down to the Capitol. We need To work together on the issues of UHESA. We need to be one voice. Any lobbying for other items for individual institutions should be done on another day. We are encouraged to take an annual day off to let them know that we are willing to take time off for the issues at hand.

We need approx 250 UHESA day cards. We also need to make new nametags.

Higher Education is included with roads, public education, etc for the surplus. We need to get the letter out with the information that is on the card to all legislators via mail.

Butch will get the letter to Mike by Wednesday. We need to get the numbers of employee count to Jill by Wednesday.

BREAK FOR LUNCH

OTHER BUSINESS ITEMS.....Committee

Jill will email policies of each institution on Retirement, overtime, Sabbatical, and Tuition Benefits to everyone.

Christmas Holidays:

SLCC – gave up 2 days of other holiday

CEU – traded Deer Hunt Day

Snow – off all week

SUU – 25th & 1st

Barbara would like everyone to email her all of our vacations days.

Dixie – off all week

Weber – 3 days out of 5

USU – off all week

UVSC – off all week

Wellness Program:

Weber- they have a well-utilized wellness program. It is free to the employees and the spouses, retirees can pay to participate. They get 3 hours a week. For more information go to <http://programs.weber.edu/wellness/>

CEU – ½ hr a day for wellness

SLCC - ½ hr 3 times a week. Free use of the facilities

Dixie – nothing. Free use of the Facilities

USU – No time. You can join a wellness program for \$65 per year/HR pays \$65 per year.

Snow – ½ hr day

SUU – Nothing

UVSC – Free use of facilities, no time off.

Budget.

Dues are still owed by U of U last year and this year. ½ of Dixie (exempt). Dixie will look into it; they thought they had been paid.

Meeting was adjourned.

Next meeting Wednesday, December 13, 2006